



Pharmaceutical
Society of Australia



WINTER WEEKEND

*Continuing education focusing on primary
health care and team building*

Pharmaceutical Society of Australia

Inaugural Launch of the
Annual Victorian Winter Weekend

Saturday 21 and Sunday 22 August 2010
Yarra Valley Conference Centre, Victoria

www.psa.org.au

21
CPD&PI
Points

WINTER WEEKEND

The Venue

Yarra Valley Conference Centre
2164 Melba Highway
Dixon's Creek VIC 3775

T: (03) 5965 2397 F: (03) 5965 2025
www.yarravalleyconference.com.au

Situated on 120 acres and nestled at the foot hills of the Great Dividing Range, Toolangi State Forest and surrounding vineyards, this retreat style, purpose built venue, offers all modern training and recreation facilities, comfortable accommodation with high speed broadband connection in each room, supervised activities and all staff training programs including personal development and team building.

The Yarra Valley Conference Centre is only 1 hour drive from the airport and CBD or 10 minutes by air.

Temperature controlled conference rooms combined with state of the art technology and plenty of natural light, make the Yarra Valley Conference Center a forerunner in today's conference venues.

The venue has also become very well known for its excellent food, genuine customer service philosophies and flexible operating guidelines. All this is further complimented by the natural bush setting, the solitude and serenity, the chimes of the bell-birds and the magnificent vistas of the Great Dividing Range providing the perfect chemistry for a relaxed and peaceful conference.

Things to See and Do

K2 Rock Climbing Wall

Our four-sided 15 metre artificial rock-climbing wall is a wonderful way to challenge yourself to go beyond your self-perceived boundaries. The wall offers a range of vertical climbs to suit the novice to experienced climbers. Everyone is fitted with appropriate safety harnesses and belay apparatus to ensure a safe, yet enjoyable climbing experience.

Schedule approximately 1 to 2 hours.

Relaxation and Therapeutic Massage

Had you considered treating yourself to a relaxing therapeutic massage? On-site massages can be arranged where a local professional will offer a range of massage techniques from Remedial, Relaxation, Deep Tissue, Reflexology and Reiki.

Alternatively you may wish to escape the busy conference schedule to Indulge Spa Retreat where they offer an extensive range of treatments for you to choose from, for both men and women, including face and body treatments, massage, hand and foot care, reflexology, osteopathy and naturopathy.

Hot Air Balloon Flights

When staying at the Yarra Valley Conference Centre why not take the opportunity to book a group flight on an amazing ballooning experience. Let the breeze usher you along the corridors of grape vines and over the Yarra River as you take in the breathtaking view of the mountains that surround the Yarra Valley.

An experience you will not forget in a hurry!!

Horse Riding and Trail Rides

Experience guided trail rides through the beautiful scenic Valley bushland.

1-1 ½ hour rides, 20 minutes from the centre.

Please contact Yarra Valley Conference Centre (03) 5965 2397 to arrange any of the above activities.

Accommodation

The PSA has blocked the entire conference venue for this event for conference delegates at special conference rates. Accommodation can be booked on the Registration form.

Forty-eight (48) comfortable, fully en-suited guest rooms, twin share, each with high speed Broadband internet connection in a beautiful bush setting. Each accommodation wing also boasts a common lounge/conference area with fully equipped kitchen and balcony area.

Parking

Complimentary parking is available to conference delegates.

Presidents Message



The inaugural Launch of the Annual PSA Victoria Winter Weekend will be held at the Yarra Valley Conference Centre.

Our theme this year is Primary Health

Care and Team Building. We welcome pharmacists and pharmacy assistants to come and enjoy the relaxing atmosphere and benefit from the exciting education program. It's also a great networking opportunity. Catch up with old friends and meet new ones from all over Victoria. I hope you'll be able to join us.

Mark Feldschuh

President, Branch Committee VIC

Primary Health Care Update

The Primary Health Care Seminar will provide an excellent opportunity for team building, education and a relaxing weekend away in the beautiful Yarra Valley. This unique educational experience will include primary health care presentations and workshops covering a variety of popular topics such as smoking cessation and incontinence. Don't forget the dinner which will include delicious fresh and local produce and an overall enjoyable evening. This event is a great opportunity for the pharmacy team to spend time away from the pharmacy and build effective team relationships.

This annual winter weekend will become a regular event on the PSA Victoria Calendar of events from 2010.



Education and social activities

Pre-Conference (Saturday)

For those who want to extend this weekend and take advantage of a slightly more intensive education program, the Saturday morning pre-conference workshop is an ideal option.

The Hands On Wound Care Devices Workshop is extremely interactive and focuses on the pharmacists and pharmacy assistant's role in wound care. The pharmacist and pharmacy assistant will be able to assist with the correct selection of wound care products in line with the wound type. Additionally, the pharmacist and pharmacy assistant will be able to list the principles of wound healing, demonstrate the correct use of wound care products and be able to identify possible pharmacological and non pharmacological implications to wound healing.

For those who select this event, this will include morning tea and a delicious buffet style lunch.

Trade Displays

From 12 noon on Saturday enjoy a trade display with a variety of exhibitors.

Exhibitors will present short educational presentations from 12noon–2pm. This is also a fantastic networking opportunity! The trade displays will be available for the duration of the conference for delegates to learn and enjoy.

Sponsors of the trade display:

Novartis and Galderma



AROMABEAT



Part of the 'Beating the Odds' campaign



Sponsor of the education component of this conference.



Saturday

The Topics

Incontinence

There will be two sessions to address urinary incontinence. For the pharmacists, the focus will be suitable pharmacotherapy, management and treatment complications. The pharmacy assistant session will provide information regarding correct product selection and patient advice.

Infant Nutrition – Which Formula When?

There are many different infant formulas available and at times it can be challenging to select the correct formula for a customer. This session will address common requests, infant formula similarities and differences.

Smoking and Eye Disease

Smoking contributes to many common eye diseases and this session will address topics such as macular degeneration, cataract and diabetic eye disease. An optometrist from the Optometrist Association of Australia (Vic) will provide information about early intervention and referral pathways also.

Saturday Evening Dinner

After the educational sessions on Saturday afternoon, enjoy a refreshing drink and unwind with your colleagues and new friends. This relaxing dinner will provide the perfect setting for team building and staff motivation.

Sunday

Sunday will provide workshop sessions for pharmacists and pharmacy assistants. The program will involve primary health topics and a focus on communication within the pharmacy setting.

The Topics

Communication: The Healthcare Team

Details the skills and knowledge required for effective communication with customers and other staff in the workplace. It involves the selection of verbal and non verbal communication techniques to interact with colleagues and customers in a positive and inclusive manner. This is a great opportunity for team building.

Baby Care Scenarios

Provide information to customers on products, services and customer self care practices related to baby and infant care products, including identifying situations that require referral to a pharmacist or doctor.

Smoking Cessation Scenarios

Smoking cessation and nicotine replacement therapy are always hot topics in a community pharmacy setting. This session will address key issues with correct treatment selection and referral options for patients who have not had success.

Winter Weekend Registration Form

Delegates	Pre-Conference Workshop Hands On Wound Care Devices	Full Weekend Program (Sat/Sun) including pre-conference workshop	Weekend Program ONLY	Saturday Only (includes Saturday night dinner)	Sunday Only
Pharmacist (PSA Member)	\$120	\$450	\$350	\$195	\$125
Pharmacist (Non member)	\$180	\$600	\$500	\$290	\$220
Non pharmacist guest/accompanying person (includes lunch and tea breaks)	Saturday buffet lunch – \$35	Saturday buffet lunch and dinner – \$105	Saturday dinner – \$70	Saturday dinner – \$70	NA
Pharmacy Assistant (PSA Affiliate member)	\$95	\$250	\$195	\$150	\$80
Pharmacy Assistant (Non member)	\$115	\$275	\$215	\$170	\$100
Pharmacist and Pharmacy Assistant Team (one delegate must be PSA member). Team consists of one pharmacist and one pharmacy assistant with additional team members paying relevant PSA member price.	\$175	\$595	\$495	\$315	\$175

Pharmacist: Name 1: PSA No:
 Name 2: PSA No:
 Pharmacy Assistant: Name 1: PSA No:

Your details and guests / accompanying persons

Name 1:
 Name 2:
 Address:
 Suburb: Post Code:
 Email: Fax:
 Phone (day): Phone (a/h): Mobile:
 Special Dietary requirements:

Accommodation (Please tick)

- Single Room (\$135 per night) = \$.....
 Shared Room (\$95 per person per night) = \$.....

Conference Registration

Pre-Conference Workshop

- Pharmacist (PSA Member) \$120 x = \$.....
 Pharmacist (Non Member) \$180 x = \$.....
 Non-Pharmacist guest/accompanying person. Saturday buffet lunch \$35 x = \$.....
 Pharmacy Assistant (Affiliate member) \$95 x = \$.....
 Pharmacy Assistant (Non member) \$115 x = \$.....
 Pharmacist and Pharmacy Assistant Team (one delegate must be PSA Member) \$175 x = \$.....

Full Weekend Program including pre-conference workshop

- Pharmacist (PSA Member) \$450 x = \$.....
 Pharmacist (Non Member) \$600 x = \$.....
 Non-Pharmacist guest/accompanying person. Saturday buffet lunch and Saturday dinner \$105 x = \$.....
 Pharmacy Assistant (Affiliate member) \$250 x = \$.....
 Pharmacy Assistant (Non member) \$275 x = \$.....
 Pharmacist and Pharmacy Assistant Team (one delegate must be PSA Member) \$595 x = \$.....

Weekend Program ONLY

- Pharmacist (PSA Member) \$350 x = \$.....
 Pharmacist (Non Member) \$500 x = \$.....
 Non-Pharmacist guest/accompanying person. Saturday dinner \$70 x = \$.....
 Pharmacy Assistant (Affiliate member) \$195 x = \$.....
 Pharmacy Assistant (Non member) \$215 x = \$.....
 Pharmacist and Pharmacy Assistant Team (one delegate must be PSA Member) \$495 x = \$.....

Saturday Program ONLY (includes dinner)

- Pharmacist (PSA Member) \$195 x = \$.....
 Pharmacist (Non Member) \$290 x = \$.....
 Non-Pharmacist guest/accompanying person. Saturday buffet lunch \$70 x = \$.....
 Pharmacy Assistant (Affiliate member) \$150 x = \$.....
 Pharmacy Assistant (Non member) \$170 x = \$.....
 Pharmacist and Pharmacy Assistant Team (one delegate must be PSA Member) \$315 x = \$.....

Sunday Program ONLY

- Pharmacist (PSA Member) \$125 x = \$.....
 Pharmacist (Non Member) \$220 x = \$.....
 Pharmacy Assistant (Affiliate member) \$80 x = \$.....
 Pharmacy Assistant (Non member) \$100 x = \$.....
 Pharmacist and Pharmacy Assistant Team (one delegate must be PSA Member) \$175 x = \$.....

Enclosed is a cheque / money order – or debit my Amex / Visa / MasterCard for TOTAL \$

Credit card number: / / Expiry date: /

Card holder name: Card holder signature:

I have read and will abide by the PSA (VIC) cancellation policy on the back of this brochure (please tick)

To register complete this form with payment details and Fax to: 03 9389 4044 OR send with cheque/money order to PSA (Vic), 381 Royal Pde Parkville VIC 3052



The Speakers



Ms Carolina Weller

Carolina's background is in health sciences education with a special interest in interdisciplinary approaches to

learning and teaching. Her clinical expertise is in wound care with a focus on evidence based practice and randomised controlled trials. Carolina is currently a doctoral scholar at the NHMRC Centre for Research Excellence in Patient Safety in the Department of Epidemiology and Preventive Medicine at the Monash University Alfred campus. Her research project is a multicentre pilot randomised controlled clinical trial to compare the effectiveness of two different compression bandaging systems in the management of people with venous ulceration.

Carolina has a clinical role in a multi disciplinary wound clinic where she mentors undergraduate and post graduate medical, pharmacy, podiatry and nursing students in the area of evidence based practice and chronic wound healing.



Ms Dimitra Tsucas

Dimitra is currently a proprietor of a community pharmacy. Previously, Dimitra locumed at various community pharmacies and

hospitals. At present, Dimitra is involved with PSA through various committees regarding continuing professional development and the pharmacy intern program. Dimitra has also been involved in the past as a member of the Victorian PSA Council. Dimitra's passion is providing pharmacy practice which is geared towards the provision of services such as blood sugar and cholesterol screening, CPAP and opioid substitution.



Ms Jemma Watkins APD

Jemma Watkins is an Accredited Practising Dietitian who has worked in various paediatric nutrition roles over the past 6 years. She has

worked at the Royal Children's Hospital in Melbourne, as well as smaller hospitals, health centres and private practices throughout Australia. Jemma now works for Nestle Nutrition-providing infant feeding updates to health professionals around Victoria. She is particularly interested in the potential benefits of optimising nutrition in childhood and giving children the best start in life. She also enjoys the outdoors, great food and good wine!



Dr Mike Wishaw

Dr Mike Wishaw is a consultant physician in Geriatric Medicine at Melbourne Health. He has a special interest in Incontinence and is head of the RMH

Royal Park Continence Clinic. In addition to this, Dr Wishaw is a sessional continence physician with the RMH Urology Service.



Ms Vanessa Lontos

Pharmacist and Qualified Life Coach

Vanessa is an independent consultant pharmacist based

in Melbourne. Since 2002 Vanessa has worked in various roles in both Melbourne and Sydney and also spent a short time in the UK. Since 2002 Vanessa has managed pharmacies for both the My Chemist and Amcal groups and has spent some time locuming for a number of pharmacies around Melbourne. In 2007 Vanessa gained her consultant pharmacist accreditation and began her consulting practice on a full time basis. Vanessa is also a tutor for both the Monash and PSA Intern Training Programs – a role she thoroughly enjoys. Since 2007 Vanessa has expanded her consulting practice through qualifications in Life-Coaching and Neuro-Linguistic Programming to include Life and Wellness Coaching, which nicely complements her role as a pharmacist. Vanessa is very passionate about empowering people toward adopting wellness and preventative health lifestyles and through this also consults and holds workshops at a Wellness Centre in Hampton. Vanessa lives in Albert Park and when not working she enjoys travelling, reading, dancing and having fun with her friends. Vanessa has recently commenced work with PSA as a practice support field officer.

Ms Sharon Lloyd

Community Pharmacist

Mr Stephen Marburg

Incontinence Nurse,
National Continence Helpline

WINTER WEEKEND

Winter Weekend program

Saturday 21 August: Max 14 CPD Points (including completion of MCQ assessment/s)	
9:30am–12:00pm	Pre Conference Workshop: Hands On Devices: Wound Care
12:00pm–2:00pm	Trade Display
2:00pm–3:00pm	Pharmacists Session Urinary Incontinence: Treatment Options and Related Complications Pharmacy Assistants Session Incontinence: Correct Advice and Product Selection
3:00pm–3:25pm	Afternoon Tea
3:25pm–4:15pm	Infant Nutrition – Which Formula When?
4:15pm–5:15pm	Smoking and Eye Disease
7:00pm	Dinner
Sunday 22 August: Max 7 CPD Points (including completion of MCQ assessment)	
9:00am–10:10am	Rotating Workshops: Communications, Baby Care, Smoking Cessation
10:10am–10:35am	Morning Tea
10:35am–11:45am	Rotating Workshops: Communications, Baby Care, Smoking Cessation
11:45am–12:55pm	Rotating Workshops: Communications, Baby Care, Smoking Cessation

For more information
email vic.branch@psa.org.au
or phone 03 9389 4000

The Pharmaceutical Society of
Australia (ABN 53 000 001 936)
381 Royal Pde Parkville, VIC, 3052
Fax: 03 9389 4044



Cancellation Policy and Conference Inclusions

Please be aware that a minimum number of registrants must be achieved for each PSA event. It is possible therefore that an event may not proceed if the minimum number is not achieved. Registrants will be advised in due time and registration fees refunded if an event does not proceed.

Cancellations: Please note that cancellations received up to five (5) working days before the seminar are refundable, minus a \$25 (inclusive of GST) registration service charge. After that cancellations are subject to the entire seminar fee. You may substitute for an alternative CPD event up to the equivalent registration fee, within the

same calendar year. Please note that if you do not cancel and do not attend you are still subject to the entire fee.

Responsibility disclaimer: Participation is acknowledgement that conference organisers and associated contractors disclaim liability for any financial or other loss, damage, accident or injury to property or persons, change or schedules, speakers or topics or other irregularities caused or arising from circumstances beyond their control including industrial disputes.

The Pharmaceutical Society of Australia (PSA) has a database of member's names, addresses and other relevant information to membership of the PSA. This data is accessed by PSA to mail information including publications and member services. It is made available to related organisations with which

PSA has formed a relationship to provide member services and benefits. This includes mailing houses that provide these services. Members may request personal information not be passed onto a third party; however this will result in the member being unable to receive Society mailing. A member may request a copy of personal information held by the Society.

Conference inclusions

Daily refreshments on arrival
Saturday Pre-conference lunch if applicable
Saturday afternoon tea
Sunday morning tea
Dinner (Food and restricted beverages)
Conference Handbook
Entry to lectures and workshops selected